



22nd May, 2019

Newsletter 7/19

Dear Parents,

During the month of May families have been invited to pray the rosary as a way of praying to our Mother Mary. This is an essential part of our Catholic faith and prayer remains a powerful means for us to reach out to Mary and indeed our Father in heaven. I know many of our families and parishioners are in need of your prayers so please make it a priority even for the next few weeks left of May to think of and pray for these families. You may not know exactly who they are but rest assured your prayers give them such support and comfort.

Please also keep Mr Nathan Seeto and family in your prayers as his Grandmother recently passed away. Our prayers are with Nathan and family at this sad time.

If any student from Years K-5 will be leaving OLQP at the end of 2019 could parents please confirm this in writing to me as soon as possible as this information is vital to staffing needs for 2020.

It was wonderful to see so many of our mothers, grandmothers and mother figures join us for our Mother's Day breakfast. Thank you to the P & F and volunteers that organised the morning and served on the day. The Mother's Day stall was also a great success with a large number of parents assisting on the day. Thank you all.

The Term 2 P & F Meeting held at the Sporties Club was again well attended by an enthusiastic group of parents. The minutes and Principal Report will be sent out soon, however some key points included:

- Update about the new School/Parish sign on Victoria Road. DA now at council.
- Funding update. Over \$25,000 has already been spent for curriculum/school improvements during Term 1.
- Strong Kindergarten enrolments with over 26 enrolment applications already received for 2020.
- Evaluation of the Bring Your Own Designated Device (BYODD) Program at OLQP.

Since the P & F Meeting Chris Voysey and I have met with Roy Maggio, a City of Ryde Councillor and a Council Traffic Management Officer, to again discuss parking issues in front of the school on Westminster Road. The school is asking for the installation of a crossing area at the lights on Victoria Road. I will be attending an upcoming Council meeting to seek support for our requests.

A reminder that parents are asked to complete the 'Tell Them From Me' survey as soon as possible. The results of the surveys will assist the school in completing the Inquiry and Review process and the findings will be shared with all parents when all documentation has been finalised.

Our Year 3 and 5 children completed their NAPLAN testing last week with enthusiasm and confidence. I was proud of the way the children completed the tests, giving their best.

A big thank you to the Year 6 Class of 2018 as the money they raised and donated to the school last year has gone to new school signage that will be installed in the coming weeks. Your wonderful gift will ensure OLQP stands out in the Gladesville area and ensures guests who come to the school can easily access the school grounds and different areas on the school site. Could I ask current parents to please pass on our thanks to the class of 2018 and their parents. Thank you all.

I am sure you would understand that all staff seek regular opportunities to develop their skills as teachers so that they are abreast of changes in education and at the forefront of contemporary education. Many staff take on professional development through school, by taking courses in their own time during holidays and evenings and some complete major study through universities etc. This is an essential part of our work as educators as we constantly strive to be the best teachers we can for our students and families. Congratulations to Miss Emma Lenehan as she recently graduated from Notre Dame University after completing a Masters of Art in Theological Studies.

Peter Watkins
Executive Principal

ASSISTANT PRINCIPAL NEWS

HAVE YOUR SAY TELL THEM FROM ME SURVEY

Please click [here](#) to complete the Parent Survey which is part of our school Inquiry and Review for 2019.

The *Partners in Learning* parent survey is part of the *Tell Them From Me* suite of surveys on student engagement. The parent survey helps to clarify and strengthen the important relationship between parent and school. The survey is anonymous and the information will be used to help inform our school priorities for the next four years.



Your opinions and thoughts are highly valued and given much consideration when looking forward.

The Survey closes this **Friday**. Thank you in advance for filling in the survey.

A NOTE FROM THE PARISH SOCIAL JUSTICE COMMITTEE

Lighthouse 'Come & See' Program



Do you have old spectacles and sunglasses in good condition that you don't use anymore? Why not drop them into our collection box in the office from the 20th May to 5th June. The glasses will be delivered to the Lighthouse Optometrists who will clean and sort the glasses in readiness for their trip to Kenya in July 2019 where they will provide eye care and fit your donated glasses to the poorest of the poor.



Please place each pair of glasses into a sandwich zip-seal bag which is a lightweight way to protect them. Glass Cases are not required. Thank you to everyone who donated in November 2018. For more information on the program click on the website <https://www.lighthouseoptom.com.au/come-see> or email secretary.socialjustice@rgcp.org.au

A richer learning experience for students and teachers

As part of our professional development, the staff are working with the school counsellor Rita Osborne to implement MindUP into the classrooms.



What is the MindUP Curriculum? MindUP is a comprehensive, classroom-tested, evidence-based curriculum framed around 15 lessons that foster social and emotional awareness, enhance psychological well-being, and promote academic success.

The MindUP classroom is an optimistic classroom that promotes and develops mindful attention to oneself and others, tolerance of differences, and the capacity of each member of the community to grow as a human being and a learner. Over the course of the MindUP

experience, children learn about the brain and how it functions, in the process gaining insight into their own minds and behaviours as well as those of the people around them.

Each MindUP lesson begins with background information on the brain, introducing a specific area of concentration with an activity in which children can see concrete examples of how their brain functions. MindUP is dedicated to the belief that the child who learns to monitor his or her senses and feelings becomes more aware and better understands how to respond to the world reflectively instead of reflexively.

GLITTER JARS

Last week during their mindfulness lesson, Years 5 and 6 made glitter jars. The jar represents your thoughts, feelings, and behaviours. When a child is feeling upset or angry, he or she can shake the **jar** and watch the **glitter move** around before gradually settling. As the **glitter** settles to the bottom of **jar**, the user can relate that to their **mind** settling too.



Please **click** here to read more about MindUP and how you can support your children at home. Here are two good meditation apps that are child friendly and can also be used at home.



<https://www.smilingmind.com.au/smiling-mind-app>

<https://www.headspace.com/>



THE FEELING THERMOMETER- regulating our emotions

Some children find it difficult to identify, label or express their feelings. Across the school we are also encouraging the students to monitor their feelings and suggest ways they can regulate their feelings. Being able to identify, label, express and manage feelings play a crucial role in children's social and emotional development. Understanding how people feel, they are able to respond appropriately and engage in meaningful relationships. And when they are able to express their feelings, we can guide them or help them to solve problems or develop coping skills.

Please feel free to contact me if you would like more information.



Bushfires

The light was blinding. The heat deathly. The flames devoured the trees. The smoke hovered above the blackened bush. The smell of burnt leaves and wood was in the air. In the distance, a siren sounded. The fire truck came screeching around the corner. The flames fought against fierce water. Firemen try and tame this uncontrollable bushfire. Finally, the flames cease and disappear.

Written by Valentina Year 5

Maree Simpson Assistant Principal

RELIGIOUS EDUCATION NEWS

RE Quiz

Thank you for all those who attempted to answer last newsletter's RE knowledge quiz. The answer was **A – Chalice and Paten**. This week's question is -

There will be a prize given for the first parent and student to email me the correct answer.

20 Which circle below has the words that complete the prayer prayed by the people at the beginning of the Liturgy of the Eucharist?

May the Lord accept the 1 at your hands for the 2 and glory of his name, for our good and the good of all his 3 Church.

<p>A</p> <p>1. bread 2. love 3. sacred</p>	<p>B</p> <p>1. gift 2. wonder 3. blessed</p>	<p>C</p> <p>1. wine 2. power 3. divine</p>	<p>D</p> <p>1. sacrifice 2. praise 3. holy</p>
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This Friday, 24th May is the feast day of **Mary Help of Christians** and this feast has been celebrated in Australia since 1844. The history to feast day dates back to the infant Church in Australia as it had a special reason for turning to Mary. In those early and mostly priest less days, it was largely the Rosary that kept the faith alive. Catholic Australia remained faithful to Mary, and was the first nation to choose her, under the title of Help of Christians, as Principal Patron.

This Friday I have the privilege of attending Mass at St Mary's Cathedral with four of our Year 6 school leaders as well as representatives from all Catholic Primary Schools across the Archdiocese of Sydney.

OLQP will also be attending Mass to celebrate **Our Lady Help of Christians**, this **Friday, 24th May at 12:00pm** at the OLQP Church. I would like to take this opportunity to invite you to come and celebrate Mass with us.

Next week (Week 5) is our collection week for items for the St Vinnies Patrol. As a part of the OLQP Night Patrol community I can see firsthand just how much the people who St Vinnies Night Patrol value and appreciate the items of food our community donates. This small act of kindness not only demonstrates the two of the **Corporal Acts of Mercy – Feed the Hungry and Give drink to the thirsty**. These small acts of kindness allow our school community to live out our school mission statement **"Together in Faith we Inspire Hearts and Minds."**



The **Sacrament of Penance** is one of the most unique and beautiful aspect of our Catholic faith. It allows us as sinners to obtain forgiveness for our sins and to reconcile with God and the Catholic Church. Our Year 3 students are currently preparing themselves for this Sacrament which they will participate in next Wednesday night, **29th May at 6:30pm** with a light supper to follow in the Library.

The OLQP students are enjoying gathering in the Prayer Garden each Thursday to pray a decade of the Rosary with the assistance of the Year 6 Pope Francis Students.

I would like to leave you with the words of Pope Francis. **"God has placed this plan in our hearts and in all creation: to love Him, our brothers and sisters, and the whole world, and to find true happiness in this love."**

Emma Lenehan REC

"Walk by Faith, Not by Sight" -2 Corinthians 5:7

FAMILY EDUCATOR NEWS

There is so much on at present to celebrate and be grateful for. Last Sunday we had our First Reconciliation Candidates host Family Mass. It was so lovely to share in their excitement as they prepare for their First Reconciliation next week. Please continue to keep all candidates in your prayers.

In Term 2 we have a number of key events to celebrate Mothers and the amazing women within our lives. In Term 3, we will celebrate Fathers and the amazing men within our lives. We have a number of events on within each of these 2 Terms to bring us together as a community.

In Term 2 we have already had our beautiful Mother's Day Breakfast & Mass. We now turn to our next celebration.... **OLQP School warmly invite all within our local community to Mass at OLQP Church on Friday 7th June at 6pm to celebrate the special relationship between Mothers & Daughters. We ask that all attending please bring a plate of food to share afterwards for supper in the Parish Hall (food can be dropped off to the hall prior to the start of Mass).**



During our Mass we will pause to remember and honour all Mothers & Daughters who have passed and celebrate the amazing contributions of women within our Catholic faith.

All are very much welcome to all our all initiatives and I very much look forward to sharing this evening with as many as possible within our OLQP community. There are spare invites at the school office if required and please remember to invite Grandmother's, Aunts or other such special women within our lives.

Anne Bortolussi Family Educator anne.bortolussi@syd.catholic.edu.au

PARISH NEWS

Sacrament of Reconciliation - The candidates will be receiving their First Sacrament of Reconciliation on Wednesday 29 May at 6.30 pm at Our Lady Queen Of Peace followed by a light supper at the school grounds. We request all your prayers and support on this divine occasion.

Yours sincerely
Cindrella Francis (Cindy)
Sacramental Co-ordinator
sacraments@rgcp.org.au

SPORT NEWS

The children continue to develop and improve on their athletic skills. Please make a note of the change of date for our Athletics Carnival. We will now be holding it on Tuesday 4th June week 6.

Good luck to our students representing us at the Sydney trials for Cross Country tomorrow at Miranda.

Mel Cooper Sport Teacher melissa.cooper001@syd.catholic.edu.au

MUSIC NEWS

CaSPA 'Let's Sing' Day - Just a quick reminder for the Year 5 students that will be attending the CaSPA 'Let's Sing' day on Wednesday 29th May (Week 5). Please make sure that you return the permission note by Friday 24th May. Thank you to all those students who have returned their permission notes already.

Students need to be in full winter school uniform, with their hair neatly tied back, and bring their recess, lunch and a water bottle clearly labelled. Please be at school by 7.45am. They are expected back at school by 3pm.

We are all looking forward to having a really rewarding musical and performing experience!

Liz Mulcare (Music/Drama Teacher) elizabeth.mulcare@syd.catholic.edu.au

Nationally Consistent Collection of Data on School Students with Disability (NCCD)



Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to

legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines* (2019). Information provided about students to the Australian Government for the NCCD includes:

- Year of schooling
- Category of disability: physical, cognitive, sensory or social/emotional
- Level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- Formally recognise the supports and adjustments provided to students with disability in schools

- Consider how they can strengthen the support of students with disability in schools
- Develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability. The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information.

To find out more about these matters, please refer to the following link; [Fact sheet for parents, guardians and carers](#). It is available to read in several languages.

If you have any questions about the NCCD, please contact the school.

P&F NEWS

Another fantastic Mother's Day breakfast was put on by our Year 6 – thank you to Lara, Liz, Sharon and Marnie and all the class parents for the lovely breakfast and caffeine hit. Continuing the thanks for Mother's Day celebrations to Jen and Marilyn for the lovely gifts provided for the stall.

Term 2 P&F meeting was held in Week 2. Major discussion points were the events on the calendar for the remainder of the year and the major fundraiser. We now have a committee set up and work has begun. If you know anyone wanting to help out or have any fundraising ideas please get in touch with myself of Jacqui Wisemantel.

Chris Voysey P&F President chrisvoysey@hotmail.com

Holy Cross College Ryde
Educating men of faith since 1891



Enrolments Year 7 2020

Closing date Friday, 31 May 2019

To download Sydney Catholic Schools Application to Enrol Form please go to our website:

www.holycrosscollege.org or

Please phone 9808 1033 and speak with our Enrolment Secretary

Dates for Your Attention: May/June

Term 2 Week 4	Term 2 Week 5 National Reconciliation Week	Term 2 Week 6
Monday 20 Year 2 Prayer Assembly 2:45pm Tuesday 21 Wednesday 22 Playgroup 9:00-10:30am in the hall Thursday 23 Friday 24 Saturday 25 Sunday 26 Children's Liturgy 9:00am	Monday 27 Year 4 Prayer Assembly 2:45pm Tuesday 28 Wednesday 29 Playgroup 9:00-10:30am in the Church Hall, OLQP First Reconciliation 6:30pm, Year 5 CASPA Let's Sing Excursion Thursday 30 Parent Induction Sessions 2:05pm-3:05pm Friday 31 Ignite Years 4-6 OLQP Church Hall 6-8pm Saturday 1 Sunday 2 Children's Liturgy 9:00am	Monday 3 Year 5 Prayer Assembly 2:45pm Tuesday 4 Athletics Carnival - HCCR Wednesday 5 Playgroup 9:00-10:30am in the hall, SCB First Reconciliation 6:30pm, State of Origin @ Sporties 7:30pm P & F Thursday 6 Friday 7 Mother Daughter Mass 6:00pm Saturday 8 Sunday 9 Children's Liturgy 9:00am

OUR LADY QUEEN *of* PEACE PRIMARY SCHOOL

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